



DYNAMO SWIM SCHOOL



STROKE CLINIC FALL 2008 - ALPHARETTA

Dynamo Swim School is offering a fall stroke clinic. The stroke clinic is designed for young swimmers age 6 and older that would like to work on the fundamentals of swimming. **Swimmers should have prior experience in all four competitive strokes.** They should be able to swim 25 yards Freestyle with side breathing, no breathing to the front, and swim 25 yards backstroke comfortably. They should **also** have a legal breaststroke kick and some experience with butterfly (dolphin roll). We will focus on all four competitive strokes and on the turns associated with each stroke.

Student to Coach Ratio is 8:1.

ELIGIBLE WITHOUT A TRYOUT:

- Swim School students that are at least **Level 6 (grade school) or Level 8 (preschool)**
- Swimmers that have been **wait-listed for swim team**
- Swimmers that have been **in stroke clinic previously**

ALL OTHERS INTERESTED MUST TRYOUT.

Monday/Wednesday*	Fridays	Saturdays
7:15 – 8:15PM	4:30 – 5:30PM	2:00 – 3:00PM
I. Sept 3 – Oct 1 (9 classes)	I. Sept 5 – Dec 5 (12 classes)	I. Sept 6 – Dec 6 (12 classes)
II. Oct 6 – Nov 5 (10 classes)		
III. Nov 10 – Dec 17 (10 classes)		
No class Nov. 24 and 26	No class Oct.10 and Nov. 28	No class Oct.11 and Nov. 29

The M/W Clinic and the Friday Clinic will be held in the small pool.
The Saturday Clinic will be held in the competition pool.

*Swimmers for the M/W Clinic must be 11 by December 1, 2008.

COST: 9 classes - \$180

10 classes - \$200

12 classes - \$240

LOCATION:

Dynamo - Alpharetta
5075 Abbotts Bridge Road
Alpharetta, GA 30005

TRYOUTS:

Tryouts will be held at 6:00PM on the following dates:

Tuesdays: July 15, July 22, and August 5

Wednesdays: July 16, July 23, and August 6

Please call or email Donna McIntosh if you would like to tryout at any of the above times. If these times do not work for you, please call to schedule an individual tryout.

Phone: 770-772-6789, ext. 14

Email: donna@dynamoswimschool.com

REGISTRATION:

You must register **in person** prior to the first day of each new session. **No on-line registration is available for stroke clinic.** **Registration begins July 26.**

Participation in one session does not guarantee a space in another.
Participation is limited to the first 30 children to register.
We do not offer make-ups for illness or conflicts with other activities.